WHAT IS CLAIMED IS:

1. A golf club head, comprising:

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- a body including a cavity in a rear side thereof;
- a striking plate provided on a front side of the body; and
- a vibration-absorbing plate fixed in the cavity of the body and not in contact with the striking plate, the vibration-absorbing plate gaining a damping effect of the golf club head.
- 2. The golf club head as claimed in claim 1, wherein the cavity of the body includes a stepped portion for supporting and fixing the vibration-absorbing plate.
- 3. The golf club head as claimed in claim 1, wherein the striking plate is integrally formed with the body.
- 4. The golf club head as claimed in claim 1, wherein the body includes a recess in a front side thereof and an aperture that connects the recess to the cavity, the recess of the body including a stepped portion for supporting and fixing the striking plate in the recess.
- 5. The golf club head as claimed in claim 1, wherein the vibrationabsorbing plate includes a perimeter wall extending from a side thereof, the perimeter wall being engaged with an inner perimeter delimiting the cavity.
- 6. The golf club head as claimed in claim 4, wherein the vibrationabsorbing plate includes a perimeter wall extending from a side thereof, the perimeter wall being engaged with an inner perimeter delimiting the cavity.

- 7. The golf club head as claimed in claim 5, wherein the perimeter wall of the vibration-absorbing plate abuts against an inner side of the stepped portion of the recess of the body.
- 8. The golf club head as claimed in claim 6, wherein the perimeter wall of the vibration-absorbing plate abuts against an inner side of the stepped portion of the recess of the body.

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- 9. The golf club head as claimed in claim 1, wherein the body includes an extension extending rearward from a bottom thereof.
- 10. The golf club head as claimed in claim 1, wherein the body includes a compartment in a bottom thereof for receiving a weight member.
 - 11. The golf club head as claimed in claim 1, wherein the vibrationabsorbing plate includes an opening in a central portion thereof.
 - 12. The golf club head as claimed in claim 1, wherein the vibrationabsorbing plate includes a hole in a central portion thereof and a plurality of radial openings.
 - 13. The golf club head as claimed in claim 1, wherein the vibrationabsorbing plate is one of a light metal plate and a light alloy plate.
 - 14. The golf club head as claimed in claim 13, wherein the light metal plate is formed from at least one of magnesium, aluminum, and titanium.
- 20 15. The golf club head as claimed in claim 13, wherein the light alloy plate is formed from an alloy of at least one of magnesium, aluminum, and titanium.

- 16. The golf club head as claimed in claim 1, wherein the vibrationabsorbing plate is one of a plate formed by means of weaving one of graphite, titanium wires, and Kevlar fibers.
- 17. The golf club head as claimed in claim 1, wherein the vibrationabsorbing plate is a pre-pressed composite plate formed by means of mixweaving at least two of graphite, titanium wires, titanium alloy wires, and
 Kevlar fibers.
 - 18. The golf club head as claimed in claim 1, wherein the golf club head is an iron club head.